Headlines of the Day: 22-01-2026

Last updated by **Enlite Team**

Sources: The Indian Express, The Hindu

Headline	Source	Syllabus
As Manipur, Meghalaya, Tripura celebrate statehood day, a look back at the birth of the Northeast	The Indian Express	GS 2 | International Relations
Study shows India's deltas sinking due to human activity	The Hindu	GS 3 | Environment
Rupee sinks 68 paisa to fresh low of rupees 91.7/USD on persistent FPI out flow	The Hindu	GS 3 | Economy
Raise focus on critical, strategic minerals: official	The Hindu	GS 3 | Economy
Mozambican rights activist to get Indira Gandhi Peace Prize	The Hindu	GS 2 | International Relations
Judicial removal — tough law with a loophole	The Hindu	GS 2 | Polity
Supreme Court moots expert panel 'from different walks of life' to 'define' Aravalli	The Hindu	GS 3 | Environment