Headlines of the Day: 07-03-2026

Last updated by **Enlite Team**

Sources: PIB, The Hindu

Headline	Source	Syllabus
NHRC suo motu intervention results in the MEA swiftly getting rescued six Indian workers facing torture in captivity by their employer in Thailand since last several months	PIB	GS 2 | Polity
Centre directs refiners to maximise LPG production	The Hindu	GS 3 | Economy